KERRY SKIN CLINIC
SKIN, HAIR + NAILS SPECIALISTS

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EFFUDIX CREAM (5 FLUOROURACIL) for the treatment of solar (Actinic) Keratosis ("Sunspots")

1. Rub a thin smear of the ointment into the "sun spots" twice a day. Use very little ointment but rub it in well.

2. After two weeks, the part you have been treating will be red and sore. Stop using the ointment for the next two weeks, so that the inflammation can settle down. Then start using the ointment again as before, for another two weeks.

3. Continue using the ointment for two-week periods and resting for two-week periods until the spot has completely disappeared. Then continue a little longer to destroy any seeds.

4. If possible avoid using the ointment just before you are due to be examined at the clinic, as the doctor cannot see if the spot is cured when the area is inflamed.

5. Sunlight will make the reaction much worse. Shield the "sun spots" from the hot sun. If necessary you can cover it.

6. If the inflammation should become very severe or painful, contact Dr Buckley.

7. Do not use this ointment for any other purpose, nor apply it to other spots or rashes, nor give it to anyone else, as it can be harmful if used in the wrong circumstances.

Ref: Dermatology Papers - Effudix cream

For more information:

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